

The Danish Society for ISTDP presents:

# Deliberate Practice for Psychotherapists

Presenter: Dr. Tony Rousmaniere

Seminar, September 18, 2017

Location: Karens Minde Kulturhus, Wagnersvej 19, 2450 Copenhagen SV

## Fee incl. lunch:

Registration before July 1

Non-members: DKK 1.850

Members: DKK 1.450

Students: DKK 1.100

Registration after July 1

Non-members: DKK 2.150

Members: DKK 1.750

Students: DKK 1.400

Members of Svenska Föreningen för ISTDP pay member fee.

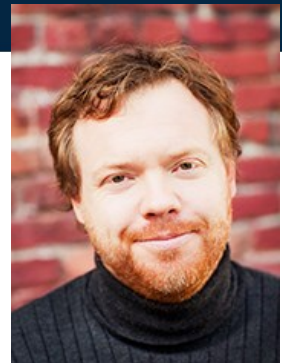
Coffee and registration 8.30-9.00am

Presentation 9.00am-6.00pm

How do the good become great? Practice! From musicians to athletes to surgeons to chess masters, professionals rely on Deliberate Practice to achieve expertise. This workshop will show you how to use Deliberate Practice to improve your clinical skill development. The Deliberate Practice approach is trans-theoretical and benefits all models of therapy (CBT, psychodynamic, etc.). This workshop is highly experiential, with many opportunities for participants to try deliberate practice themselves. The workshop will include:

- The theory and principles of Deliberate Practice
- How to use Deliberate Practice to enhance your clinical skill development
- How to integrate Deliberate Practice into clinical supervision and training
- How to use Deliberate Practice to develop the “person of the therapist”
- How to assess the effectiveness of clinical skill development

This workshop is based on the book *Deliberate Practice for Psychotherapists* (by Tony Rousmaniere; Routledge Press) and the edited volume *The Cycle of Excellence: Training, Supervision, and Deliberate Practice* (Edited by Tony Rousmaniere, Rod Goodyear, Scott Miller, & Bruce Wampold; Wiley Publishers).



**Dr. Rousmaniere** is Clinical Faculty at the University of Washington in Seattle, where he also maintains a private practice. His research focus is clinical supervision and training. He provides consultation and training for therapists around the world, including Australia, Asia, India, England, Europe, and the United States.

More about Dr. Rousmaniere can be found at [www.drtonyr.com](http://www.drtonyr.com)

Video introductions to Deliberate Practice for psychotherapists are available at [www.drtonyr.com/for-professionals](http://www.drtonyr.com/for-professionals)

**Registration deadline is August 15!** Send an e-mail with your name and profession to [for-  
mand@istdp-danmark.dk](mailto:for-<br/>mand@istdp-danmark.dk) and pay the fee to our bank account 7160-1741862, IBAN; DK4971600001741862, BIC/SWIFT; SYBKDK22. Remember to state your full name when transferring the fee.