

The Danish Society for ISTDP presents:

Deliberate Practice for Psychotherapists

Presenter: Dr. Tony Rousmaniere

Advanced ISTDP Workshop: Using Deliberate Practice to Learn and Supervise ISTDP September 21-22, 2017

Location: Kulturhuset Islands Brygge, Islands Brygge 18, 2300 Copenhagen S

Both days 9.00am-5.00pm

Please note that seats are limited! Min. 4 participants, max. 8 participants.

Tony Rousmaniere writes this about the workshop:

“This workshop will focus on how to use Deliberate Practice to enhance ISTDP training. There will be some lecture, but most of the time will be spent in role-play exercises and group discussion. My goal is to give you some new ideas to enhance your ISTDP training and the supervision you provide others. The first day of the class will teach the theory/research of Deliberate Practice. I will guide you through trying out the Deliberate Practice exercises I have developed, including exercises to help therapists develop their own mobilization capacity. The second day will be focused on helping you experiment with developing your own Deliberate Practice exercises for yourself and your trainees, using both ISTDP and research from the science of expertise. If you are currently supervising or training other therapists, I can show you how to use Deliberate Practice in that work.”

Included in the workshop fee is 4 hours of videoconference group supervision to follow after the seminar to support participants in developing their own Deliberate Practice.

Course eligibility: This course is open to anyone who has taken at least three years of core training in ISTDP, or the equivalent. Students must bring their own laptop computer with a video of a therapy session for the experiential exercises. If you have questions about eligibility, email Tony Rousmaniere at trousmaniere@gmail.com



Dr. Rousmaniere is Clinical Faculty at the University of Washington in Seattle, where he also maintains a private practice. His research focus is clinical supervision and training. He provides consultation and training for therapists around the world, including Australia, Asia, India, England, Europe, and the United States.

More about Dr. Rousmaniere can be found at www.drtonyr.com

Video introductions to Deliberate Practice for psychotherapists are available at www.drtonyr.com/for-professionals

Fee incl. lunch: DKK 6.300

Registration deadline is August 15! To reserve a seat at the workshop, send an e-mail with your name, profession and name of the workshop (Beginning/Advanced) to formand@istdp-danmark.dk and pay the fee to our bank account 7160-1741862, IBAN; DK4971600001741862, BIC/SWIFT; SYBKDK22. Remember to state your full name when transferring the fee. Fee may be paid in 2 rates, 1st rate DKK 3.150 upon registration and 2nd rate DKK 3.150 by August 15. Full refunds are available until August 15. 50% refunds are available from August 15 to September 1. After that, no refunds available. Seats will be reserved according to time of registration and payment.